

# 101 Natural/Informal Supports

## People:

- 1) Family Members
- 2) Extended Family Members
- 3) God-Parents
- 4) Play Brothers/Sisters
- 5) Teachers
- 6) Coaches
- 7) Neighbors
- 8) Barber/Beautician
- 9) School Security Officer
- 10) Neighborhood Security/Police Officers
- 11) Friends
- 12) Co-workers
- 13) Preacher/Pastor/Church Elder/Church Members
- 14) Library Staff
- 15) Babysitter
- 16) Doctor
- 17) Support Group Members
- 18) Mail-Carrier
- 19) Boyfriends/Girlfriends
- 20) School Nurse
- 21) School Counselor
- 22) Mentors
- 23) Youth Groups
- 24) Family run organizations
- 25) Community center staff
- 26) Civic Groups, Hobbies,/Special Interest Club Members
- 27) Bus Driver
- 28) Children's Friends/Parents/Caregivers
- 29) Pen Pal
- 30) Online Support Groups
- 31) Facebook/Twitter Friends
- 32) Local Business Owners/Workers
- 33) Foster Parents/Siblings
- 34) Crisis Hotline Staff
- 35) Ethnic Groups/Organizations
- 36) Your Friends/Parents/Relatives



## Places:

- 37) Library
- 38) Community Center
- 39) Recreation
- 40) Parks
- 41) Places of Worship (Church, Temple, Mosque)
- 42) Museums
- 43) School
- 44) After-School Programs
- 45) Summer Camps
- 46) City/County Lakes
- 47) Beaches
- 48) Exercise Classes
- 49) Sports Events
- 50) Comedy Clubs
- 51) Community Swimming Pool
- 52) Community Culture Events/Activities
- 53) After-School Events/Activities
- 54) School Playground
- 55) Local Walking/Jogging Trails
- 56) Malls
- 57) Local Dunkin Donuts, Ice Cream Shops, McDonalds
- 58) YMCA
- 59) Day-Care Centers
- 60) Friend's House
- 61) Extended Family's Home



