

A SYSTEM-WIDE APPROACH  
TO IMPLEMENTING AND INTEGRATING  
CANS AND  
TRANSFORMATIONAL CARE PLANNING (TCP)  
IN CLINICAL PRACTICE

*MARETTA JUAREZ, LCSW*  
*ZELIA FARIA-COSTA, LMFT*

Santa Clara County Mental Health Department  
Family & Children's Division System of Care

# Learning Objectives

2

- Provide a framework for CANS and TCP Implementation across systems.
- Bridge CANS and TCP and integrate both into transformational care planning.
- Integrate into best practice and collaborative partnership to create a shared vision and measurable transformation.
- Emphasize the importance system wide collaboration.

# Philosophy

3

Person -  
Centered

Family -Driven

Practice of  
Care

- ❑ Families are full partners in all activities.
- ❑ Focus is on child and family health, well-being, and functioning.
- ❑ Measures are relevant to decisions about approach or proposed impact of interventions.
- ❑ Information is used in all aspects of managing the system from individual family planning to supervision to program and system operations.

# Purpose

4

- Provide a strengths-based and relationship-based approach to engage, converse, and partner with children, adolescents, and families.
- Identify and communicate ***a shared vision*** of strengths and needs which drives process of care.
- Create a collaborative transformational care plan.
- Measure transformations through the efficiency and efficacy of interventions.

# CANS and Transformational Care Planning

5

- Collaborate and partner with child and family.
- Identify CANS Need items with action level of 2 or 3 and prioritize these needs with child and family to develop short term and long term goals.
- Identify CANS Strength items with a 0 or 1 for strengths-based care planning; items 2 or 3 are those attributes and skills that can be built.
- **Co-create desired results, short term goals, and action steps.**
- **Desired results becomes a shared vision of success.**
- **Strategize intervention and link back to desired results and short term goal.**

# CANS and TCP

## Person-Centered, Family Driven

6

Critical

Core

Components

- ❑ Strengths-based and inclusiveness
- ❑ Skill acquisition and empowerment
- ❑ Process of collaboration and partnership
- ❑ Cultural sensitivity and responsiveness
- ❑ Shared vision
- ❑ Co-creation of desired results
- ❑ Prevention
- ❑ Systemic response to needs

▪ Additional Adaptation from Transformational Care Planning (TCP), CiMH

# System of Care Selection of CANS and TCP

7

- Builds on the principles of:
  - Inclusion
  - Hope
  - Wellness
  - Recovery
  - Resiliency



# CANS Implementation

8

- Why CANS
- Selection of CANS as Tier 1 Tool
  - ▣ CANS Comprehensive 5+
  - ▣ CANS: Early Childhood
- Collaboration with Dr. John Lyons
- Workgroups
- Training Spread
  - ▣ CANS 5+ and CANS:EC
  - ▣ Train the Trainers
  - ▣ Clinical Supervisors
  - ▣ SuperUser/Peer Mentor
- Development of Operational Standards and Core Curriculum for Santa Clara County



# CANS Implementation

9

- Creating Santa Clara County Jurisdiction
- Online Training
- Creating Crosswalk of CANS to Santa Clara County Mental Health Assessment
- Sustainability

# TCP Implementation

10

- TCP Steering Committee
- Workgroup convened
- Developing a Curriculum in collaboration with CiMH
  - ▣ Adult/Family & Children's programs
- Pilot Teams in place
- Spreading TCP – Trainings for Outpatient
  - ▣ Clinical Supervisors
    - Coaching calls for supervisors
  - ▣ Staff

# TCP Implementation

11

- Concurrent Train-the-Trainer Program
  - ▣ Requirements
  - ▣ Coaching Calls for trainers
- Integrating TCP with other practices
  - ▣ Integrating TCP with CANS
  - ▣ Integrating TCP with Motivational Interviewing
  - ▣ Integrating TCP in psychiatric practices
  - ▣ Integrating TCP with challenging populations
- Collaboration with QI on documentation requirements

# SUCCESSSES AND CHALLENGES

12

## □ Successes

- ▣ Cross agencies and cross systems implementation
- ▣ Increased collaboration with system partners
- ▣ Trained over 1000 service providers within 1 ½ years
- ▣ Monthly consultation and ongoing workgroups to sustain implementation and progress
- ▣ Developed a CANS and TCP training program

## □ Challenges

- ▣ To create change and sustain learning on a large scale
  - Buy in
- ▣ Monitoring progress and specific agency implementation
  - CANS/TCP certification
  - Ongoing capacity for CANS Trainers/TCP Trainers

# Q&A

