

CURRICULUM VITA

2020

April D. Fernando, PhD

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EDUCATION

Alliant International University

(formerly California School of Professional Psychology, Alameda)

Emphasis Areas: Psychodynamic/Child and Family

Degree: Doctor of Philosophy in Clinical Psychology, May 1995

Masters of Arts in Clinical Psychology, 1991

University of California, Berkeley

Degree: Bachelor of Arts in Psychology, May 1986.

La Sierra University

(formerly Loma Linda University, La Sierra Campus)

Major: Biopsychology

1982-1984

PROFESSIONAL LICENSE

California Psychologist License # PSY 17072

Illinois Clinical Psychologist License # 071.009142

EMPLOYMENT

Center for Innovation in Population Health, University of Kentucky • 2020 - present

Associate Director, Workforce Development

Assistant Professor, Department of Health, Behavior and Society,
College of Public Health

Oversee the business development and implementation of the Transformational Collaborative Outcomes Management (TCOM) approach, including the use of the suite of TCOM tools: Child and Adolescent Needs and Strengths (CANS), Adult Needs and Strengths Assessment (ANSA) and Crisis Assessment Tool (CAT), Family Advocacy and Support Tool (FAST) with states, jurisdictions and organizations.

Provide technical assistance, workforce development training and coaching on the use of TCOM tool data for system improvements toward individual and family outcomes. Develop curricula, training materials, reference guides and other publications to support workforce development efforts and implementations. Support the overall development and growth of the Center.

Chapin Hall at the University of Chicago • 2015 - 2020

Policy Fellow, TCOM Workforce Development Lead (Praed Foundation)

Lead the business development and implementation for Child and Adolescent Needs and Strengths (CANS), Adult Needs and Strengths Assessment (ANSA) and Crisis Assessment Tool (CAT) -related work with agencies and jurisdictions. Provide technical assistance and training on the use of CANS/ANSA and CAT data and lead or conduct the analysis and oversee the generation of reporting uses these data.

Support the implementation of Transformational Collaborative Outcomes Management (TCOM), including providing technical assistance and training.

Facilitate the acquisition of data from multiple system partners and work with Chapin Hall researchers to shape their research to include child-specific clinical perspectives and data.

WestCoast Children's Clinic • 1994 - 2015

Chief of Clinical Operations, Research and Training

Provide overall leadership and management for WestCoast's research and evaluation, as well as staff training and program development/implementation. As a member of the executive management team, responsible for insuring the quality, appropriateness and effectiveness of services provided through outcome evaluation and staff training, enabling the agency to meet its mission.

Other past duties:

Director of Research & Training, 2007-2011

Clinical Director, 2004-2007

Clinical and Training Director, 2004 - 2005

Director of Training and Internships, 1999 - 2004

Interim Executive Director, July - September 2001; March - August 2003.

Training Program Coordinator, 1997 - 1999

Staff Therapist: January, 1994 - 2006

Private Practice • 2007 - present

Provide individual psychotherapy to children and adolescents, and family therapy. Areas of expertise include complex trauma, attachment, identity development (ethnic identity, sexual identity), and foster care.

PROFESSIONAL WORK EXPERIENCE

Holy Names University • August, 1996 - 2009

Associate Professor of Psychology: Tenured, 2004

Martin Lampert, Ph.D., Chair Division of Social Sciences

Taught undergraduate clinical psychology courses as well as graduate courses for a Counseling Psychology MA program. Provided academic advising 25 graduate students. Also served as an oral examiner for masters' thesis students.

Courses taught include: Counseling Theories and Procedures, Foundations of Psychological Research, Fundamentals of Psychology, Human Development Across the Lifespan, Human Diversity in Counseling, Personality Assessment, Psychology of Personality, Psychopathology, The Law and Professional Ethics. Other duties:

- Interim Co-Director, Counseling Psychology Programs, June 1998 - July 2000.
- Field Placement Coordinator, Counseling Psychology Programs, August 1996 - 2004
- Evaluation Coordinator, Campus Diversity Initiative, James Irvine Foundation Grant, July 2002- 2005
- Adjunct Professor, 2008 - 2009

University of California, Davis Counseling Center • 1993-1996

Staff Psychologist and Program Coordinator, The House (A peer counseling program):
Program Coordinator: Organized and coordinated a 24-hour drop-in/phone crisis peer counseling program serving the University of California, Davis campus. The House is a confidential peer counseling center offering services to all UC Davis undergraduate, graduate and professional school students through drop-in and phone counseling, crisis intervention, support groups, and psychoeducational programs. A department of the Counseling Center, The House is staffed by approximately 60 student volunteers who are trained and supervised by professional psychologists. Duties also included teaching a year-long peer counselor and crisis intervention course (EDU 192) and clinical supervision of peer counselors.

Staff Psychologist: Duties included direct service (i.e. individual and group counseling in the area of multicultural counseling, particularly for gays, lesbians, and bisexuals, survivors of incest/molest/rape, Asian-American students), crisis intervention, consultation, and committee related activities (i.e. Cross-Cultural Committee, Chancellor's Ad Hoc Committee on Lesbian, Gay, and Bisexual Issues).

CLINICAL TRAINING

WestCoast Children's Center

Psychology Intern: 1990 - 1992; Post-doctoral Resident: 1995-1997

Provided individual play therapy, as well as family therapy in a child and family-oriented outpatient clinic. Other duties also included administration and write-up of psychological evaluations, diagnosis, and case management.

University of California, Davis Counseling Center

Psychology Intern: 1992 - 1993

Full-time, predoctoral internship accredited by the American Psychological Association in professional psychology focused on the development of clinical skills, professional identity, and personal growth. Training experiences provided through weekly didactic seminars as well as in primary prevention-through consultation and

outreach programming, and remedial intervention-through assessment, brief psychotherapy, with ethnically, culturally, and clinically diverse populations. Other activities included: Teaching a two-quarter course at UC Medical School on Interviewing skills (FAP 400).

New Leaf Community Services (formerly Operation Concern)

Psychology Trainee: 1989 - 1990

Provided individual, couples, and group therapy in a gay, lesbian and bisexual oriented outpatient, community mental health clinic. Other duties included weekly intakes and DSM diagnosis, on-call duty, and case management.

La Cheim Residential Treatment Centers

Teacher/Counselor: Stanley House, March, 1988 - August, 1988

Provided group and one-to-one counseling; facilitated life skills and values clarification groups; maintained a group home within a re-education model for six severely emotionally disturbed adolescents.

St. Vincent's School for Boys

Group Counselor: Riordan House, July, 1987 - November, 1987

Responsible for day to day child care and household care; facilitated group and one-to-one counseling for 12 severely emotionally disturbed latency age boys.

Veteran's Administration Medical Center: North Chicago, Illinois

Psychology Trainee: 1986 - 1987

Developed interviewing and counseling skills with veterans in an alcohol abuse rehabilitation ward. Became familiar with testing using vocational tests and with test interpretation.

Developed skills in diagnostic interviewing, the mental status exam, and the neuropsychiatric exam; attained proficiency in the use of diagnostic classification systems for chronically mentally ill patients. Attended weekly case conferences of interdisciplinary staff held to determine patient progress, treatment, and placement.

OTHER TEACHING EXPERIENCE

University of California, Davis

Lecturer for the Division of Education, College of Letters and Science, 1993 - 1996

Courses: Introduction to Counseling for Peer Counselors; Cross-cultural Issues in Counseling

Course development, implementation and student evaluation for Peer Counseling courses providing training in basic counseling skills to prepare students to provide support, consultation, and referrals to campus and community resources. In addition

to basic counseling skills, focus is also placed on identifying and exploring cross-cultural issues relevant in counseling situations.

Seminar Leader: Issues in psychotherapy with Lesbian, Gay, and Bisexual Clients, 1994 - 1996

APA Predoctoral Internship Training Program, Counseling Center

Course development and implementation of seminar on issues in psychotherapy relating to lesbian, gay, and bisexual clients in a university counseling center. Topics include: intake assessment, coming out, homophobia, family of origin conflicts, cross-cultural issues, couples counseling, parenting, counter transference, HIV/AIDS. Discussions included community resources, journal articles, and case presentations.

Instructor: Interviewing Skills (FAP 400) Fall, 1992

School of Medicine, Family Practice

Course implementation of interviewing skills for first year medical students. The course involved training, discussion, and feedback of interviewing skills. Seminar included videotaping of role-played patient interviews.

California School of Professional Psychology, Berkeley/Alameda

Teaching Assistant, Psychodiagnostic Assessment: 1991 - 1992

Provided group and individual assistance with scoring, interpretation, and write-up of psychological tests and test batteries for predoctoral graduate students. Psychological tests included intelligence tests for children and adults, neuropsychological screening, personality inventories, projective tests, and achievement tests.

Skyline College, San Bruno

Part-time Instructor, Psychology: 1990-1992

Course development, implementation and student evaluation for a General Psychology course at a community college. Other responsibilities include weekly lectures and test development.

PROFESSIONAL AFFILIATIONS

American Psychological Association

Member, 1995 - present

Student Affiliate, 1988 - 1995

APA, Division of Psychoanalysis (39), Section 2 (Child and Adolescent)

Member, August 1998 - present

American Psychological Association of Graduate Students (APAGS)

Student Representative, 1989 - 1991.

Alameda County Psychological Association

Member, 2009 - 2015

Past President - 2012

President - 2011

President-Elect - 2010

California Psychological Association

Member, 2008 - present

Program Chair, 2009 CPA Convention

Secretary, Board of Directors 2013 - 2015

Secretary Elect, 2012

Treasurer, Division I 2013 - 2015

Treasurer Elect, Division I 2012

California Psychological Association Foundation

Secretary, Board of Directors 2015 - 2017

California Psychology Internship Council

Vice Chair, Board of Directors 2008 - 2009

Chair, Board of Directors 2006 - 2008

Treasurer, Board of Directors 2002-2006

International Association for Relational Psychoanalysis and Psychotherapy

Member, 2006 - present

HONORS AND AWARDS

Child and Adolescent Needs and Strengths (CANS) Outcome Champion Award
Program Level, 2011

Psi Chi, National Honors Association in Psychology

Member, 1996

Minority Scholarship Award and CSPP Scholarship Award

California School of Professional Psychology, Alameda, 1989 - 1992

American Psychological Association

Honorable Mention, Minority Fellowship Program, 1988.

Ford Foundation

Honorable Mention, Doctoral Fellowship for Minorities, 1986.

Loma Linda University
Dean's List, 1982 - 1984.

PUBLICATIONS

Austin, C.A., Finn, S.F., Keith, T.Z., Tharinger, D. J. and **Fernando, A.D.** (2016). The parent experience of assessment scale (PEAS): Development and relation to parent satisfaction. *Assessment*, 25(7), 929-941.

Lyons, J.S. and **Fernando, A.D.** (2010). *The Child and Adolescent Needs and Strengths: Commercially Sexually Exploited*. Praed Foundation.

Fernando, A.D. (2008). Examples from the road: Mindlessness in-home. *Journal of infant, child and adolescent psychotherapy*, 7(2), 88-99.

Mangione. L., Borden, K., Abrams, J.C., Arbeitman, D., **Fernando, A.D.**, Knauss, L.K., Spector, R., and VandeCreek, L. (2006). The "How to" of half-time internships: Exemplars, structure, and quality assurance. *Professional psychology: Research and practice*. 37(6), 651-657.

DISSERTATION COMMITTEES

Brewer, C. (2014). *Risk and protective factors in commercially sexually exploited females*. University of Texas, Austin.

Felipe, L.C. (2011). *Relationship of colonial mentality with Filipina American experiences of racism and sexism*. Alliant International University, California School of Professional Psychology.

Tilmon, S.R. (2003). *Speaking the unspeakable: A qualitative look at discipline in African American families*. The Wright Institute, Berkeley, CA.

RESEARCH

Ethnic Identity in Pilipino-Americans: The relationship between mothers and young adults.

Doctoral dissertation completed May 1995

California School of Professional Psychology, Alameda.

Chair: Davis Y. Ja, Ph.D.

Members: Jean S. Phinney, Ph.D., Jovina Navarro, Ph.D.

Interns' perceptions of counseling center downsizing: The effects on training experiences.

University of California, Davis Counseling Center

Project leader: Emil Rodolfa, Ph.D.

Completed: 1993

A study of Individual Differences in Cognitive Ability, Personality, and Play Behavior: Hormonal Influences on Human Sexually-Dimorphic Behavior.

Research Assistant: 1986 - 1987

Department of Psychology, University of Health Sciences/Chicago Medical School

Supervisor: Sheri A. Berenbaum, Ph.D.

Duties included testing subjects, data collection, entry, and analysis; library review of relevant materials.

A Study of Cognitive Abilities: The Development of Spatial Ability in Children and Family Resemblances.

Secondary investigator: 1987

Department of Psychology, University of Health Sciences/Chicago Medical School.

Supervisor: Sheri A. Berenbaum, Ph.D.

Duties included conceptualization and development of experimental design, test battery development; testing subjects (among the battery were tests for intelligence and spatial ability), data collection, coding, entry and analysis; organization and administrative duties; library review of relevant materials.

The effects of the Protein Gamma-interferon: Behavioral Testing on Laboratory Mice.

Research Assistant: 1985 - 1986

Department of Psychology, University of California, Berkeley.

Supervisor: Joe L. Martinez, Ph.D.

Duties included input on experimental development and design; handling, injecting and testing Swiss Webster mice; handling and preparation of drugs for experimental use; data collection, entry, and analysis; library review of relevant materials.

GRANTS

Sexually Exploited Minors: Research-to-Action Project, July 2010

Co-Principle Investigator. Two-year grant (\$50,000) funded by Hedge Funds Care Foundation

Holy Names University Diversity Support Network, July 2002

Evaluator. Three-year grant funded by the James Irvine Foundation.

The Foster Youth Development Program: A Collaborative and Integrative Service Delivery Model (File #20011788), October 2001

Co-Principle Investigator. Three-year grant (\$900,000) funded by The California Endowment.

The Foster Youth Development Program: Planning and Development Grant, June 2000

Co-Principle Investigator. Three-year planning grant (\$24,000) funded by The California Endowment.

SELECTED POSTERS AND PRESENTATIONS

Taking Back Supervision: TCOM, Treatment Planning and Clinical Supervision
Fernando, A.D., & Rosenblatt, E.

Keynote Presentation at the 11th Annual TCOM/CANS Conference, Seattle, WA
November 2015

What, Why and How: Collaborative Treatment Planning

Cardenas, J., Fernando, A., & Hilley, J.

Keynote Presentation at the 10th Annual CANS/TCOM Conference, Chicago, IL
November 2014

Collaborative CANS Learning Communities: A Grassroots Approach to
Implementation

Jackson, A., Cardenas, J., Channer, D., Fernando, A., Hilley, J., & Leland, J.

Presentation at the 10th Annual CANS/TCOM Conference, Chicago, IL November 2014

PsychoCANSalysis: Making room for case conceptualization in treatment planning
with the CANS

Presentation at the 9th Annual CANS Conference, San Francisco, CA November 2013

Needs and Strengths of Sexually Exploited Youth: Using the CANS-CSE

Presentation at the 8th Annual CANS Conference, Indianapolis, IN, May 2012

TCOM, Technology and Treatment Engagement

Keynote Presentation at the 7th Annual CANS Conference, Baltimore, MD, May 2011

CANS for Commercial Sexual Exploitation: A Multi-Agency Research & Advocacy
Project

Presentation at the 7th Annual CANS Conference, Baltimore, MD, May 2011

At the same time on a different level ... A Single Clinic CANS Application

Presentation at the 6th Annual CANS Conference, San Francisco, April 2010

Community-Based Psychoanalysis

Roundtable panelist at the International Association for Relational Psychoanalysis and Psychotherapy Annual Conference, San Francisco, February 2010

Examples from the Road: Mindlessness at Home.

Paper delivered at APA Division 39 Spring Meetings, Toronto, April 2007

Panel: Talking the Talk, Walking and the Walk: Bringing Psychoanalysis to Foster Children in Foster Care

Exemplar Internships in Professional Psychology: WestCoast Children's Clinic's Two-Year Clinical Training Program

Panel Presentation

California Psychology Internship Council's National Conference on Half-time Internships

April 2005 Berkeley, California

Half-Time Internships in Professional Psychology: WestCoast Children's Clinic's Two-Year Training Program as a Model

Presenter and Poster Presentation

Annual Meeting of the Association of Psychology Postdoctoral and Internship Centers
April 2003 Orlando, Florida

Building Community: Why Get Involved

Panel Presenter, FWN Women's Leadership Conference: Empowerment Strategies for Filipina Women

1st Global Filipino Community Networking Convention, San Francisco, CA

August 31 - September 1, 2002

When More is Better: The Intensive Treatment of a Young Boy

Presenter, Discussion for Clinicians 1999-2000, San Francisco Psychoanalytic Institute
Extension Division

June 5, 2000

The Therapist's Role in Child Psychotherapy: Individual, Family, and Cultural Perspectives

Presenter, Psychiatry Grand Rounds, Alta Bates Medical Center - Herrick Campus

December 6, 1999

On the Psychological Treatment of the States of Human Suffering: A Presentation on the work of Bion

Presentation by the Consortium on Psychoanalytic Education

John Stone, PhD., (theoretical presentation on Bion)

April D. Fernando, Ph.D. (case presentation and theoretical discussion of a child case)

February 22, 1997

Interns' perceptions of counseling center downsizing: The effects on training experiences.

Poster presentation, Division 17, American Psychological Association Convention

Los Angeles, August 1994